



Physical Exam Checklist

NORFOLK SOUTHERN PHYSICAL EXAMINATION REQUIREMENTS

{NS employee: please take this checklist with you and give it to the NS approved facility conducting your examination. For exam questions, call 800-552-2306.}

PERIODIC PHYSICAL (CERTIFICATION / RECERTIFICATION OR COMPANY POLICY) FOR TRAIN & ENGINE SERVICE EMPLOYEES:

- | | |
|---------------------------------|-------------|
| ■ LOCOMOTIVE ENGINEER | ■ CONDUCTOR |
| ■ REMOTE CONTROL OPERATOR | ■ BRAKEMAN |
| ■ BRIDGE TENDER/BRIDGE OPERATOR | ■ HOSTLER |

The employee should have the following forms:

- MED15**
- MED14**

The following are the components for the above listed physical examination:

- Medical History**
- Physical Exam (includes Blood Pressure, Pulse, Height , Weight)**
- Vision**
 - Distant (each eye, uncorrected and corrected)
 - Color (Ishihara or Titmus)
 - Field of Vision
 - **NOTE: Near vision and depth perception testing are not required.**
- Audiogram**
- Company Policy non-regulated urine drug screen (split collection)**

The following exam components/tests are **not a required part of the exam.**

- ❖ Rectum and prostate exam
- ❖ Stool test (blood) and digital rectal exam

Upon completion of the exam:

- Provide employee with the **Work Status Report** (p. 4 of MED15 Form).
- Fax copy of pp.1-3 of MED15 Form, and MED14 Form to: 678-512-5090.
- Fax copy of the Custody and Control Form to: 678-512-5056.