

NS Medical Department – Resources Summary Chart for Employees

RESOURCE (If you do not have access to a computer, please call the NS Medical Department at 800-552-2306 for help)	Employee Resource Center (Click on “Employee Self Service”, then on “Medical Information” and look in the yellow window)	www.nscorp.com (Click on “EMPLOYEES”, then, on “Medical”)	Available through Material Management System
Contact Information			
Medical Department Personnel Phone Directory	✓		
Red Flyer for Employees (Direct Contacts for NS Medical Dept Case Coordinators)	✓		
Links (step by step guide)			
FMCSA’s Driver Medical Fitness for Duty page	✓		
General Information			
Medical Dept Resources Summary Chart for Employees	✓		
Medical Dept Resource Book for Employees (can be ordered by supervisors through the Material Management system)			004631-0
Forms			
Fax Cover Sheet (for use by employees when faxing medical records to the Medical Department)	✓	✓	
Health Questionnaire (non-medical absences of ≥ 1 year)	✓	✓	
Checklists (for physical exams)			
Physical Exam Checklist for T & E Service (cert./recert.)	✓		
Physical Exam Checklist for CDL driver (initial cert.)	✓		
Physical Exam Checklist for non-CDL driver (initial cert.)	✓		
Physical Exam Checklist for CDL & non-CDL driver (recert.)	✓		
Return-to-Work			
Return-to-Work Checklist (describes some steps to take when off work medically and provides help with the return-to-work process)	✓	✓	
Return-to-Work Information Sheet (provides direct contact information for the Medical Department’s case coordinator assigned to the employee’s case; provides general medical documentation requirements and general return-to-work procedures and/or requirements for specific conditions; and describes how to send medical records to the Medical Department)	✓	✓	